

THE DARK SIDE OF THE SPOON

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FROM AN IDEA
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OR HOW NOT TO GET STRAIGHT IN A THERAPEUTIC COMMUNITY

REFERRAL

THE BEST TIME TO APPROACH IS 5:45 ON A FRIDAY, YOU CAN BE SURE MOST PEOPLE HAVE GONE HOME BY THEN.



ASSESSMENT

THE INITIAL INTERVIEW IS USUALLY MOST IMPRESSIVE IF YOU ARE STONED ENOUGH TO NOD OFF IN MID SENTENCE, OR AT LEAST TO DRIBBLE OVER YOURSELF.



ONCE YOU HAVE SUCCESSFULLY CONNED YOUR WAY IN FOR WHATEVER REASON, THE JOB IS DONE. YOU CAN SETTLE BACK, RELAX, TAKE A REST. I ALWAYS MAKE A LIST OF THE REASONS FOR ENTERING A TREATMENT PROGRAMME.



ADMISSION

DON'T TELL ANYBODY ANYTHING. DON'T TRUST ANYBODY. CHECK OUT THE BACK DOOR.



FIND THE MOST UNMOTIVATED PEOPLE AND....
... HANG OUT WITH THEM.



TALK ABOUT THE GOOD TIMES, GOOD DOPE AND WHERE TO GET IT. DON'T EVEN UNPACK.



AVOID THERAPISTS "GETTING TO KNOW YOU"

BURST INTO TEARS AT EVERY APPROACH



TALK NON STOP ABOUT YOUR SAD TERRIBLE PAST.



BE REALLY ANGRY - LOOK THREATENING
BE CLOSE MINDED - DON'T FEEL A THING

IF I DON'T WANT TO BE ASSERTIVE
I FUCKING WON'T BE!



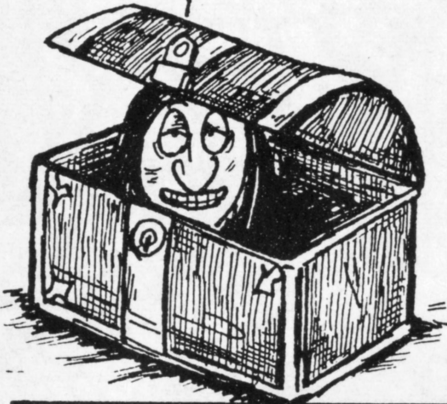
REMEMBER, THESE PEOPLE ARE OUT TO GET YOU. THEY ARE INTERESTED IN HELPING YOU GET STRAIGHT!... TELL THEM YOU WANT TO GET STRAIGHT ONCE, AFTER THAT FIGHT LIKE HELL TO AVOID IT AT ALL COSTS.



HOW TO GET AWAY WITH USING IN A TREATMENT PROGRAMME

THE MOST OBVIOUS THING TO DO IS TO HIDE

IF THIS IS NOT SUCCESSFUL THERE ARE A NUMBER OF OTHER THINGS YOU MIGHT TRY



WEAR SUNGLASSES AT ALL TIMES.



DON'T VOMIT TOO LOUDLY OR AT LEAST DISGUISE THE NOISE.



TRY TO CONFINED SLEEPING TO BED.....

STAY CONSCIOUS!



ALWAYS SIT BETWEEN PEOPLE



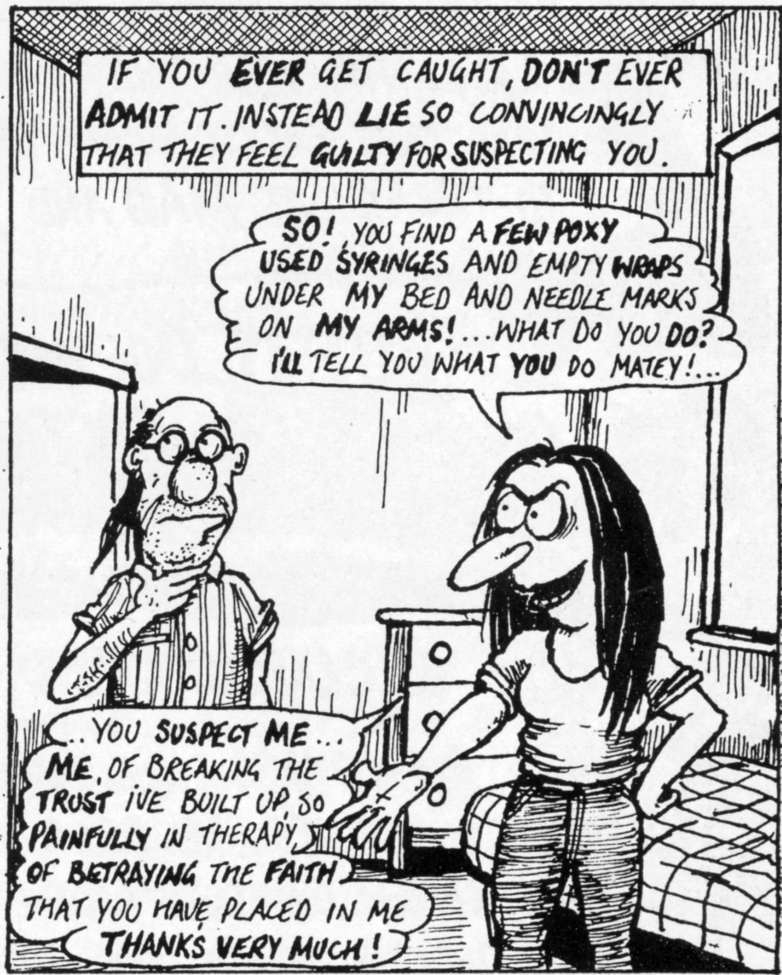
DON'T LOOK ANYONE IN THE FACE

ORGANIC LENTIL FARMING MAY NOT SEEM RELEVANT TO YOU NOW, BUT THAT'S NO REASON TO REMAIN UNFOCUSSED IN MY GROUP!!



IF YOU EVER GET CAUGHT, DON'T EVER ADMIT IT. INSTEAD LIE SO CONVINCINGLY THAT THEY FEEL GUILTY FOR SUSPECTING YOU.

SO! YOU FIND A FEW POXY USED SYRINGES AND EMPTY WRAPS UNDER MY BED AND NEEDLE MARKS ON MY ARMS!... WHAT DO YOU DO? I'LL TELL YOU WHAT YOU DO MATEY!...



... YOU SUSPECT ME... ME, OF BREAKING THE TRUST I'VE BUILT UP, SO PAINFULLY IN THERAPY, OF BETRAYING THE FAITH THAT YOU HAVE PLACED IN ME THANKS VERY MUCH!

HOW TO BE UNPOPULAR IN A TREATMENT PROGRAMME, OR A REGULAR PAIN IN THE ARSE....

WHEN YOU SAY "I WANT TO GET STRAIGHT" MEAN IT

FIND YOURSELF NOT THE CENTRE OF THE UNIVERSE...

TAKE RESPONSIBILITY FOR YOURSELF AND YOUR ACTIONS

BE HONEST

BE OPEN MINDED

BE WILLING TO CHANGE

BURN THE WITCH!



OH NO SINCERITY!

SHE WANTS TO GIVE UP

SHE MEANS IT!

HEAD FOR THE PILLS!

WELL!, THERAPEUTIC COMMUNITIES ARE TIME OUT, A ROOF OVER YOUR HEAD, THREE MEALS A DAY AND A COMMUNITY CARE GRANT... WHO KNOWS YOU MIGHT EVEN STOP USING!



THE END
FOR MORE INFO CONTACT LOCAL DRUG SERVICE (SEE BACK PAGE)